

Make Sure You're Prepared!

The following checklists can help ensure you've made all the necessary preparations before and after arriving in Canada.

New Residents' Pre-Arrival Checklist!

- Learn about Medicare eligibility and enrolment rules in the Province/Territory you will move to.
- If you will have a Medicare waiting period (or if due to your immigration status or short duration of stay you won't be eligible for Medicare) then buy private medical insurance that best fits your needs.
- Bring a copy of your medical records to Canada.

After arrival in Canada...

- Apply for Medicare in your new home Province or Territory as soon as possible.
- Until you receive your government health card, carry a copy of your Canadian immigration document to show if hospitalized.
- Learn about extended health and dental plans available to cover the types of healthcare expenses that Medicare does not cover.
- Do not leave Canada without buying travel medical insurance because Medicare offers negligible coverage outside Canada!
- If you will have extended absences outside your home Province/Territory, confirm if you meet residency requirements for Medicare. If you become ineligible for Medicare, make sure to replace it with private medical insurance.
- Ensure that your visiting family and friends have emergency medical coverage for Canada!